



Institut International
Saint-Dominique

AFTER SCHOOL ACTIVITIES & CAMPS

2025-2026

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PACKAGES



2 weeks of camps*
+
Annual Daycare

*(*except Summer Camps)*

1 000€



2 weeks of camps*
+
Homework Sessions

*(*except Summer Camps)*

1 100€



**All year Holiday
Camp**

890€



Institut International
Saint-Dominique

AFTER SCHOOL ACTIVITIES





CODING



In this rapidly changing world, digital capabilities become essential.

New technologies influence the daily lives of all of us, children and adults. From this perspective, it has become important to accompany the youngest towards a knowledge and conscious use of digital tools. Kids become creators of technology and not simple consumers of apps

CODE ACADEMY

DIGITAL CREATIVE EDUCATION

[Code Academy_APS](#)

Class of

CP - CM2 : Robotic, Spike, Scratch, Pitch
Middle - High School : programming, coding

Elementary Thursday 3:45pm-5:15pm

Middle, High School Thursday 5.30pm-7pm

 **500 €**
 **annual fees**

Artistic and Rhythmic Gymnastics



This activity introduces children to the fundamentals of artistic and rhythmic gymnastics, helping them develop coordination, flexibility, balance, and body control through fun and structured exercises.

It encourages creativity, discipline, and physical confidence in a supportive environment.



& CSAIN
active at the national level in
the field of gymnastics

Class of

Monday with Sporsat
3:45pm-4:45pm

PS-MS-GS
Middle & High school

Thursday with Sporsat
3:30pm-5:00pm

From CP to CM2

***Registration association fee: €50**



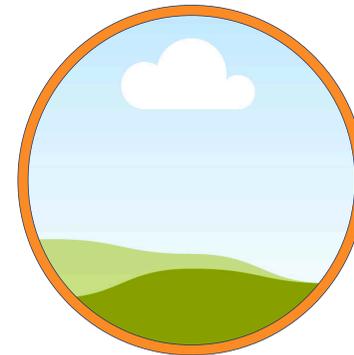
**750 €*
annual fees**

Early Motor Skills



This activity is designed to help young children develop their motor skills through fun and engaging exercises. Focused on coordination, balance, and movement, it supports physical development in a playful way.

Children will explore a variety of activities that improve their ability to move, jump, run, and control their body movements, all while building confidence and having fun. It's a great foundation for physical and cognitive growth in preschoolers.



Class of

Thursday with Biagio
3:45pm-4:45pm
PS-MS-GS

 **340 €**
annual fees

Musical Exploration



This program introduces preschoolers to the world of music through fun and interactive activities. Children will explore different sounds, rhythms, and melodies using instruments, singing, and movement. The focus is on developing listening skills, creativity, and self-expression, all while having fun with music in a playful and supportive environment. It's a wonderful way for young children to build a foundation in music and enjoy the joy of sound!



Class of

Monday with Sonia

3:45pm-4:45pm

PS-MS-GS

 **340 €**
annual fees

Mind Games



Join us for a fun-filled activity designed to challenge and inspire young minds!

This program offers a variety of games that cater to all interests—logic puzzles, word games, observation challenges, math puzzles, cooperative activities, and even storytelling adventures. Perfect for little learners in preschool, these games are designed to boost creativity, problem-solving skills, and teamwork, all while having lots of fun!



Class of Tuesday with Francesca
3:45pm-4:45pm
PS-MS-GS

 **340 €**
annual fees

Theatre



This theatre program invites high school students to explore the art of acting and performance. Through a mix of improvisation, scene study, and character development, students will enhance their confidence, creativity, and communication skills. They'll work together to bring stories to life on stage, learning teamwork, expression, and the power of dramatic arts. Whether preparing for a play or exploring different theatrical techniques, this is a great way to express yourself and shine in front of an audience.



Class of

Wednesday with Hélène
3:45pm-4:45pm
PS-MS-GS

 **340 €**
 **annual fees**

Daycare



Our daycare provides a safe, warm, and caring environment for your children after school. Supervised by attentive staff, children enjoy fun activities, rest time, and socializing opportunities tailored to their age.

A perfect space to relax, play, and make friends with peace of mind!



Class of

Everyday with Giulia & ISD team
according to the day

3:00pm/3:15pm-6:00pm

TPS-PS-MS-GS

 **660 €**
 **annual fees**



Mini tennis



Mini-tennis is a fun and age-appropriate introduction to the world of tennis, specially designed for elementary school children. Through games, motor skill exercises, and first rallies, students discover the basics of tennis while developing coordination, focus, and team spirit.

The group is limited to 12 children to ensure quality supervision and personalized progress. An ideal activity to move, learn, and have fun after school!



Class of

Thursday with Eric
3:45pm-5:15pm
From CP to CM2



395 €
annual fees



Little Scientists



This workshop is designed to introduce young children to the wonders of science in a fun, interactive, and age-appropriate way.

Through simple and exciting experiments, children will develop their curiosity, observation skills, and scientific thinking. They'll explore fascinating phenomena such as chemical reactions and changes in state, propose hypotheses, and test their results. The activity also helps children learn how to use scientific equipment safely and introduces basic concepts in physics, chemistry, biology, and ecology.



Class of Tuesday with Marie Agnes
3:45pm-5:15pm
CE2-CM1-CM2

 **395 €**
 **annual fees**

Dance Discovery



Dance is a dynamic and creative activity that helps children and teens express themselves through movement. It improves coordination, rhythm, flexibility, and strength, while also boosting confidence and self-expression.

Through fun routines and various dance styles, participants will develop their motor skills, teamwork, and creativity. Dance is a joyful way to stay active, build confidence, and enjoy music and movement in a supportive environment.



Class of

Monday with Giorgia
3:45pm-4:45pm
PS-MS-GS

 **340 €**
annual fees

Yoga for Kids & Teens



Yoga is an activity that combines movement, breath, and relaxation. Tailored for children and teens, it promotes flexibility, strength, balance, and coordination. It also helps improve concentration, build self-confidence, and manage emotions. Through playful poses, breathing exercises, and moments of calm, participants learn to listen to their bodies, refocus, and relax after a busy school day. Yoga is a great way to foster physical and mental well-being from a young age.



Class of

Monday with Aline
3:45pm-5:15pm
From CP to CM2

Thursday with Aline
4:30pm-6:00pm
MIDDLE & HIGH SCHOOL

 **395 €**
annual fees

Intensive Italian Courses



ITALIA

Yoga is an activity that combines movement, breath, and relaxation. Tailored for children and teens, it promotes flexibility, strength, balance, and coordination. It also helps improve concentration, build self-confidence, and manage emotions. Through playful poses, breathing exercises, and moments of calm, participants learn to listen to their bodies, refocus, and relax after a busy school day. Yoga is a great way to foster physical and mental well-being from a young age.



Class of

Wednesday with Carolina
3:45pm-5:15pm
From CP to CM2

 **395 €**
 **annual fees**



Dance



Dance is a dynamic and creative activity that helps children and teens express themselves through movement. It improves coordination, rhythm, flexibility, and strength, while also boosting confidence and self-expression.

Through fun routines and various dance styles, participants will develop their motor skills, teamwork, and creativity. Dance is a joyful way to stay active, build confidence, and enjoy music and movement in a supportive environment.



Class of Wednesday with Giorgia
3:30pm-5:00pm from **CP to CM2**
5:30pm-7:00pm **MIDDLE & HIGH SCHOOL**

 **395 €**
 **annual fees**

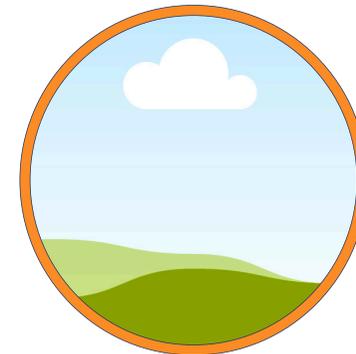


MULTISPORT



This activity introduces elementary school students to a variety of sports, helping them develop key physical skills such as coordination, teamwork, and endurance.

Through a mix of games and sports like soccer, basketball, tennis, and more, children will improve their agility, strength, and overall fitness. Multisport is a fun and dynamic way to keep kids active, encourage friendly competition, and foster a love for physical activity.



Class of

Tuesday with Biagio
3:30pm-5:15pm
From CP to CM2



395 €
annual fees



FOOTBALL



Starting from the 2025-26 season, a **Football Centre** will be established within ISD, as part of a collaboration agreement between our school and APD Sporsat.



Class of

CALENDARIO PROVE CALCIO				
anno di nascita	classe	squadra	giorno di prova	orario
2009-10	1°+2° Liceo	ALLIEVI	Giovedì 11 Settembre	dalle 17.00 alle 18.30
2011-12	3°+4° media	GIOVANISSIMI	Venerdì 12 Settembre	dalle 16.30 alle 18.00
2013-14	1°+2° media	ESORDIENTI	Venerdì 12 Settembre	dalle 16.30 alle 18.00
2015-16	4°+5° ele.	PULCINI	Giovedì 11 Settembre	dalle 15.30 alle 17.00
2017-18	2°+3° ele.	PRIMI CALCI	Mercoledì 10 Settembre	dalle 15.30 alle 17.00
2019-20	1°ele+3° mat.	PICCOLI AMICI	Martedì 9 Settembre	dalle 15.30 alle 17.00
2021-22	1°+2° mat.	SOFT CALCIO	Lunedì 8 Settembre	dalle 15.30 alle 16.30

**including a kit created exclusively for our course and €80 for registration, which covers membership and personal accident insurance for each participant.
P.S. Each participant enrolled in the Football Centre will receive a 10% discount on the summer camp and on the camps organized during school holidays.*



**880 € for ISD families
annual fees***



School Choir

This choir program is designed for elementary school students to explore the joy of singing and performing together. Children will learn vocal techniques, rhythm, and harmony while singing a variety of fun and engaging songs. Through teamwork and practice, they will develop confidence, improve their musical skills, and experience the joy of making music as a group. It's a wonderful way for students to express themselves, build friendships, and shine in performance!



Class of

Friday with Sonia
12:30pm-1:30pm
From CP to CM2

**Includes the official annual outings*



340 €*
annual fees

Theatre



This theatre program invites high school students to explore the art of acting and performance. Through a mix of improvisation, scene study, and character development, students will enhance their confidence, creativity, and communication skills. They'll work together to bring stories to life on stage, learning teamwork, expression, and the power of dramatic arts. Whether preparing for a play or exploring different theatrical techniques, this is a great way to express yourself and shine in front of an audience.



Class of

Friday with Hélène
3:30pm-5:00pm
From CP to CM2

Wednesday with Hélène
5:00pm-6:30 pm
MIDDLE & HIGH SCHOOL

 **395 €**
annual fees

Visual Arts



Children will explore a variety of mediums, including drawing, painting, sculpture, and mixed media. They will learn fundamental techniques, discover their artistic style, and express their ideas through creative projects. Whether experimenting with colors, shapes, or textures, students will develop their artistic skills while building confidence in their creativity. This workshop is a great way to encourage imagination and personal expression in a fun and supportive environment.



Class of

Thursday with Christophe
3:45pm-5:15pm
From CP to CM2

Monday with Christophe
4:30pm-6:00pm
Middle - High school

 **395 €**
annual fees

School Orchestra



Children will learn to play various instruments, develop their rhythm, and work together to create beautiful music.

Through rehearsals and performances, students will improve their musical skills, teamwork, and confidence. It's a fun and engaging way to foster a love of music and encourage cooperation, all while creating something special as a group!



Class of

with Sonia **Thursday**
3:30pm-5:00pm
from **CP to CM2**

**Includes the official annual outings*

 **395 €***
 **annual fees**

Chess



Chess is more than just a game — it's a fun way to develop strategic thinking, concentration, and problem-solving skills.

In our after-school chess activity, students will learn the rules, practice tactics, and play friendly matches, whether they are complete beginners or already experienced players. It's a great opportunity to challenge the mind, build patience, and enjoy healthy competition in a supportive environment.



Class of

with François

Tuesday

3:30pm-4:30pm

from **CE2 to Middle school**

340 €*



annual fees

Homework Sessions & Supervised activities

Our Homework Help program offers personalized support to pupils who want to improve their understanding and complete their assignments confidently.

Primary teachers assist with various subjects, helping students develop effective study habits and build academic skills.

A great way to boost confidence and succeed in school!

Everyday with our
Primary school teachers
3:00pm/3:15pm-6:00pm
From CP to CM2

 **750€**
annual fees



English Literature



This activity invites students to discover classic and contemporary works of English literature. Through reading, discussion, and creative expression, they develop their language skills, critical thinking, and a deeper appreciation for storytelling and literary culture.

A wonderful opportunity to explore great authors, powerful ideas, and the richness of the English language!



Class of

with Sarah **Thursday**

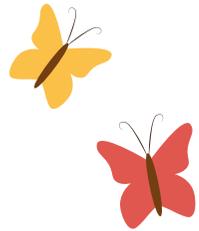
3:30pm-5:30pm

3ème

 **395 €**
annual fees



Institut International
Saint-Dominique



CAMPS



Kindergarten
Elementary

Holiday camp



From 18 months to 5 years old
From 6 years old to 10 years old



Autumn camp

21/10/2025 - 31/10/2025



Winter camp

23/02/2026 - 6/03/2026



Spring camp

20/04/2026 - 30/04/2026



Engage through fun activities in **French**
and in **English!**

- ★ Arts & crafts
- ★ Scientific experiments
- ★ Sports
- ★ Field trips



8:30 am - 4:30 pm



ISD team

250€

per week
(5 days)



Elementary
Middle School
High School

Booster program



For students of Middle & High School
(French program)



Autumn break: 22/10/2025 - 24/10/2025

Winter break: 23/02/2026 - 25/02/2026

Spring break: 20/04/2026 - 22/04/2026



Through focused activities and personalized guidance, our **Booster program** reinforces key skills while helping students gain confidence and fluency. Each session is adapted to the individual needs of the student, encouraging steady progress in a positive and supportive learning environment.



8:30 am - 3:30 pm



ISD team



350 €
per week
lunch included

